

# Kirsti Lovas

<https://filmmakers.eu/actors/kirsti-lovas> 

## Crawford Talents

Caprice Crawford (Agent)

<http://www.crawfordtalents.com> 

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## Information

|                    |                        |                   |                                                                                                                                                |
|--------------------|------------------------|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| Acting age         | <b>36-50 years</b>     | Nationality       | <b>Norwegian</b>                                                                                                                               |
| Height (cm)        | <b>175</b>             | Languages         | <b>English</b> ★★★★ (native)<br><b>Norwegian</b> ★★★★ (native)<br><b>Danish</b> ★★<br><b>French</b> ★★<br><b>Swedish</b> ★★<br><b>German</b> ★ |
| Eye color          | <b>blue-green</b>      |                   |                                                                                                                                                |
| Hair color         | <b>brown</b>           |                   |                                                                                                                                                |
| Hair length        | <b>Long</b>            |                   |                                                                                                                                                |
| Stature            | <b>slim</b>            |                   |                                                                                                                                                |
| Place of residence | <b>Oslo (NO)</b>       | Dialects          | <b>Northern German</b><br><b>Standard American English</b><br><b>Standard British English</b> (native dialect)                                 |
| Place of birth     | <b>Norway</b>          |                   |                                                                                                                                                |
| Housing options    | <b>Copenhagen (DK)</b> | Sport             | <b>Cross-country skiing</b><br><b>Yoga</b>                                                                                                     |
|                    |                        | Dance             | <b>Ballet</b> ★★<br><b>Movement dance</b> ★★<br><b>Historical dance</b> ★<br><b>Improvisation dance</b> ★                                      |
|                    |                        | Main profession   | <b>Actor</b>                                                                                                                                   |
|                    |                        | Singing           | <b>Art song (Lied)</b> ★★                                                                                                                      |
|                    |                        | Pitch             | <b>Mezzo-soprano</b>                                                                                                                           |
|                    |                        | Driver's licenses | <b>Car (B, BE)</b>                                                                                                                             |

## Primary professional training

2001 **alra - The Academy of Live and Recorded Arts**  
Bachelor's degree

## Other professional training

2022 – 2027 **Kulturstudier**  
Master's degree  
Film and Empathy

2016 – 2022 **Chubbuck**

2012 – 2013 **KHIO**  
Other  
120 Studipoints Teachers Degree Acting

## Awards

2025 – 2026 **Skumringstimen**  
2021 **iEMMY**  
2019 **The Psychics**  
Lead, Best Feature Crime Film  
2019 **Love you to Death**  
Best Actress

## Film

2026 – 2027 **No Paradise If You Are Killed by a Woman**  
**Role:** Supporting Role  
2022 – 2025 **In Twilight**  
**Role:** Anne (LR) **Director:** Kirsti Lovas  
2021 **VOLD**  
**Role:** Maria (SUP) **Director:** Emil Engesnes  
2018 **CARGO**  
**Role:** Sam (LR) **Director:** Stephan Burle **Producer:** Stephan Burle **Distribution:** tba  
2018 **The Psychics**  
**Role:** Camilla (LR) **Director:** Tomas Sem Lokke-Sorensen **Producer:** Agenda Films  
2017 **Love You to Death**  
**Role:** Her (LR) **Director:** Camilla Roman  
2017 **Mother**  
**Role:** Mother (LR) **Director:** Helene Spanthus  
2017 **The Father**  
**Role:** Wife (SUP) **Director:** Ashar Azmat  
2014 **Unsaid**  
**Role:** Daughter (LR) **Director:** Jørgen Hageselle  
2013 **Read**  
**Role:** The Principal (SUP) **Director:** Ola Martin Fjeld  
2010 **Teddy**  
**Role:** Hedvig (SUP) **Director:** Tim Helly Hansen  
2008 **Crash**  
**Role:** Hedda (LR) **Director:** Martin Lund  
2007 **Five Lies**  
**Role:** Anne (OTH) **Director:** Lars Daniel Krutzkoff Danielsen

## Television

2022 **LUNCH**  
**Role:** Line (ELR) **Director:** Julian Hagemann **Producer:** The Oslo Company  
**Distribution:** TV2

- 2018 – 2021 **Atlantic crossing**  
**Role:** ELiza Forbes (SUP) **Director:** Alexander Eik **Producer:** Cinenord **Station:** NRK  
 in production
- 2018 – 2019 **Exit**  
**Role:** Charlotte (SUP) **Director:** Øystein Carlsen **Producer:** Freemantle **Station:** NRK
- 2017 **Roeng**  
**Role:** Rebecca (OTH) **Director:** Anne Bjornstad **Producer:** Rubicon **Station:** TV 2
- 2016 **Next Summer**  
**Role:** Anne (SUP) **Director:** Simen Alsvik **Producer:** Feelgood **Station:** TVN

## Theater

- 2018 – 2019 **The village**  
**Role:** lead (LR) **Director:** Teateragentene
- 2008 **Winter by Fosse**  
**Role:** Lead (LR) **Director:** Mari Vatne Kjellstadli **Producer:** Konst **Theater:** Torshov  
 Theatre

## Audio

- 2020 **The Tsars` Daughter**  
**Role:** lead (LR) **Producer:** Lydbokforlaget **Distribution:** Fabel
- 2019 **Without a Word**  
**Role:** Lead (LR) **Producer:** Lydbokforlaget **Distribution:** Fabel
- 2019 **Almost Fall**  
**Role:** lead (LR) **Producer:** Lydbokforlaget **Distribution:** Fabel

## Commercial

- 2026 – 2027 **Altibox**  
**Role:** Mother (LR)

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